

## 5560 suffering

The experience of pain or distress, both physical and emotional. Scripture is thoroughly realistic about the place of suffering in the world and in the lives of believers. To become a Christian is not to escape from suffering, but to be able to bear suffering with dignity and hope. This set of themes consists of the following:

5561 suffering, nature of 5562 suffering, of the innocent 5563 suffering, of God

5564 suffering, of Jesus Christ 5565 suffering, of believers 5566 suffering, encouragements in 5567 suffering, emotional aspects of 5568 suffering, causes of 5569 suffering, hardship

## 5561 suffering, nature of

Since the fall, human beings have suffered in various ways. Scripture provides insights into the nature and place of suffering both in the world and in the lives of believers.

Suffering began with the fall

Ge 2:17; 3:16-19; Ro 5:12

Suffering is universal Job 5:7; 14:1

## Different kinds of suffering

Physical pain and illness Ge 48:1 See also 2Ki 20:1 pp 2Ch 32:24 pp Isa 38:1; Job 2:7; Ps 42:10; Mt 8:6; 17:15; Lk 4:38; Ac 28:8; 2Ti 4:20; Jas 5:14

Emotional stress Ps 55:4-5 See also Ge 35:18 "Ben-Oni" means "son of my trouble"; Pr 12:25; Jn 11:32-35; Php 2:27

Spiritual suffering Ps 22:1 See also Mt 27:46 pp Mk 15:34

The prospect of death Ge 3:19 See also Ecc 12:7

## Major causes of suffering

**The disorder in creation Ge 3:17** *See also* **Ge** 12:10; **Joel** 1:4; **Mt** 24:7 pp Lk 21:11; **Ro** 8:22; **Rev** 11:13

Human cruelty Ps 54:3

Murder: Ge 4:8; Ex 1:16,22; 1Ki 21:19; Mt 2:16 Ge 49:5-7 Oppression: Ex 1:11; Am 2:6-7; 4:1; Mal 3:5



**2Ki** 6:25; 19:17 *warfare*; **2Ch** 10:13-14; **Job** 1:14-15,17; **Am** 1:3,13; **Jas** 5:4-6; **Rev** 6:4

Family troubles Ps 27:10 See also 1Sa 1:7; 2Sa 16:11; Job 19:14-19; Mal 2:14; Mt 10:36; Jas 1:27

Old age Ps 71:9 See also Ecc 12:1-7

Satan's activity 1Jn 5:19 See also Job 1:12; 2:6-7; Lk 13:16; 2Co 12:7; Rev 2:10; 20:7-8

Aggravations to suffering Memories Job 29:2

**Fears Job** 3:25; **Heb** 2:15

Resentment Job 2:9

Sin and suffering They are not necessarily related Jn 9:3 See also Job 2:3; Lk 13:2

They are sometimes closely related Ro 1:18 *See also* Ge 6:5-7; Nu 14:33; Dt 28:15; Ps 107:17; Eze 23:49; Ac 5:5,10; Ro 1:27; 1Co 11:29-30; Jude 7; Rev 2:22

God's final judgment Mt 25:41 See also Da 12:2; Mt 8:12; Mk 9:48; Isa 66:24; Rev 20:15

Effects of suffering Hardness of heart Rev 16:9 See also Ex 7:22; Rev 9:20-21

Repentance 2Ch 33:12; Lk 15:17-18

Blessing Ps 119:71 See also Isa 38:17

See also 5436 pain 5605 warfare 5782 agony 5823 cruelty

5952 sorrow 5972 unkindness 6020 sin 6142 decay 6154 fall, the 9020 death

#### 5562

### suffering, of the innocent

Scripture does not teach that the wicked will suffer, whereas the innocent and blameless will prosper. It offers insights into the place of suffering in the lives of the innocent, and the apparent injustice of this situation.

The apparent injustice of suffering Hab 1:13 See also Job 19:7; 24:1,12; Ps 59:3-4; 74:1,11; 88:5,14



### The wrong answers to suffering

The concept that those who suffer must be sinners: **Job** 4:7; **Jn** 9:2-3 **Eze** 18:25 the idea that God is unjust

### The wrong reactions to suffering

**Job** 2:9-10 resentment against God; **Job** 23:13-15 being terrified of God; **Job** 40:2 arguing with God; **Ps** 73:3 envying the wicked; **Ps** 73:13 disillusionment

### The right reactions to suffering

**Reverent submission Job 1:21** See also Job 28:28; 34:12; 36:26; 37:19; 40:4; La 3:40,49-50; Mt 10:28

Trust in God Ge 18:25; Ps 55:22-23 See also Ex 2:23; Ps 56:3-4; 59:16; 62:5; 70:2; 107:6,13,19,28 Ps 119:50,153; Da 3:17-18 the trust shown by Shadrach, Meshach and Abednego; Hab 3:17-18; 1Pe 2:23 the example of Jesus Christ; 1Pe 4:19; 5:7

### God's reaction to suffering

Concern for those who suffer Ps 9:12 See also Ex 2:25; 2Ki 14:26; Ps 1:6; 33:18-19; Jas 5:4

Anger at the wicked Ps 11:5; 59:8; Eze 36:6-7; Hab 2:9,12

### God's response to suffering

Deliverance for those who suffer Ps 34:19 See also Job 42:10-12; Rev 7:16; 21:4

Judgment for the wicked Mal 3:5 *See also* Ex 3:19-20; Ps 73:16-18; 141:10; Am 1:3; Na 3:1,19; Hab 2:16; Mt 25:41-46; Jas 2:13; **1Pe** 4:18; Rev 18:6-7

See also 1030 God, compassion 1075 God, justice of 1085 God, love of 1125 God, righteousness

1310 God as judge 1320 God as Saviour 5347 injustice 5959 submission 8020 faith 8030 trust 8333 reverence

### 5563 suffering, of God

See 1135 God, suffering of

## 5564 suffering, of Jesus Christ

Jesus Christ suffered on behalf of his people, showing both the reality of his human nature, and the extent of his love for humanity. Those sufferings reached their climax in the sufferings of Jesus Christ upon the cross, through which God chose to redeem the world.



## The OT foretold Jesus Christ's suffering

**NT references to the OT Scriptures Lk 24:25-26** See also Lk 24:46; Ac 3:18; 17:2-3; 26:22-23; **1Co** 15:3

**Types and foreshadowings of Jesus Christ's suffering Ge** 22:2,8,13; **Ex** 12:22-23; **1Sa** 19:5; **2Sa** 16:11-12; **1Ki** 21:15; **Ps** 55:12-14; 57:4; **Heb** 13:11-12

**Prophetic statements of Jesus Christ's suffering Ge** 3:15; **Ps** 2:2; 22:1,7-8,12-18; 69:21; **Isa** 53:3-12

### Jesus Christ himself foretold his suffering

**Mt 16:21** pp Lk 9:22 *See also* **Mt** 17:12 pp Mk 9:12; **Mt** 20:18-19 pp Mk 10:33-34 pp Lk 18:31-32; **Mk** 9:31; **Lk** 17:25; 20:13-15 *compare with Naboth (1Kings chapter 21)*; **Lk** 22:15; **Jn** 12:27

# Aspects in Jesus Christ's suffering

**The enmity of Satan Ge 3:15** In the temptation of Jesus Christ: **Mt** 4:1-3 pp Lk 4:1-3; **Mt** 4:5 pp Lk 4:9; **Mt** 4:8 pp Lk 4:5 pp Mk 1:13 **Mt** 16:23 In entering Judas Iscariot: **Lk** 22:3; **Jn** 13:27

**Jn** 14:30; **Rev** 12:4

The hatred of the world Jn 7:7 See also Mt 2:13; Jn 1:10; 3:20; 15:18-20; 1Co 2:8

**Rejection by his own people Jn 1:11** *See also* **Isa** 53:1; **Mt** 23:37; **Lk** 19:41-42; 24:20; **Jn** 18:40; **Ac** 2:36; 3:13; 4:10; **1Th** 2:14-15

The failure of his disciples Mk 14:50 pp Mt 26:56 See also Mt 16:22; 26:40,74-75; Lk 18:34

Betrayal by Judas Mt 26:23 pp Mk 14:18 pp Lk 22:21 pp Jn 13:21

**God's judgment of his Son for the sins of the world Mt 27:46** pp Mk 15:34 *See also* **Ps** 22:1; **Isa** 53:5-6,10; **Lk** 22:42; **Ro** 3:25-26; **2Co** 5:21; **Gal** 3:13; **Heb** 2:10,14; **1Pe** 2:24

### Jesus Christ's willing submission to suffering

Mt 26:42 pp Mk 14:36 pp Lk 22:42 See also Isa 53:7,11; Lk 23:46; Heb 5:7-8; 12:2; 1Pe 2:23

See also 1135 God, suffering of 2033 Christ, humanity 2324 Christ as Saviour 2339 Christ, example of

2410 cross, the 2570 Christ, suffering 4025 world, the 5798 betrayal 5827 curse 6614 atonement 6720 redemption

## 5565 suffering, of believers



Believers ought to expect to suffer as an inevitable part of their calling. To believe is not to evade suffering; it is to face it with new confidence and hope. Rightly approached, suffering develops the character of believers, equips them for more effective service, draws believers closer to Jesus Christ and prepares them for eternal life.

### **Believers must expect suffering**

Jesus Christ foretold it Mt 10:22 pp Mk 13:13 See also Mt 10:17; 23:34; 24:9; Lk 21:16-17

The apostles foretold it Ac 14:22; 2Ti 3:12 See also Php 1:29; 1Jn 3:13; Rev 2:10

The experience of the OT shows it Ro 8:36; Heb 11:25-26,32-38

The experience of the NT shows it Ac 4:3; 5:40; 9:29; 12:1-3; **2Co** 11:23-29; Gal 3:4; **1Th** 2:2,14; **1Pe** 4:4; **Heb** 10:32-34

Suffering for Jesus Christ is commendable Mt 5:10-12 pp Lk 6:20-23 See also Ac 5:41; 2Ti 1:8; 1Pe 2:19; 3:17; 4:12-16

### Suffering is profitable

It affirms believers' adoption Heb 12:7 See also Jn 15:19; 17:14; Ro 8:17; Gal 6:17; 2Th 1:4-5

It is the price of godliness Heb 12:11 See also Ps 119:67,71; Isa 38:17; Jn 15:2; 1Pe 1:6-7

It is a condition of service 2Co 4:10; Col 1:24 See also Ps 126:5-6; Ac 9:16; 20:23-24; 1Co 4:9-13; 2Co 1:3-5; Gal 4:19; Php 3:18; Col 2:1; 2Ti 1:11-12; 2:3,10

It develops trust 2Co 1:9 See also 1Pe 4:19

It develops character Ro 5:3-4 See also Heb 5:8; Jas 1:3

It deepens fellowship 1Co 12:26 See also Ro 12:15; 2Co 1:7; 8:2; Gal 4:14-15; 6:2

It draws believers to the Lord Php 3:8,10 See also Job 42:5; 2Co 4:8-10; 12:9-10; 1Pe 4:13

### It prepares believers for heaven 2Co 4:16-5:4

See also		
1040 God, fatherhood	8266 holiness	8450 martyrdom
6608 adoption	8342 servanthood	8794 persecution
8206 Christlikeness	8347 spiritual growth	8832 testing

# 5566

### suffering, encouragements in

Believers are encouraged by the loving care and faithful promises of God and by the example, support and prayers of fellow believers. The prospect of heaven helps them to endure.



### The encouragement of God's love

**The care of the Father Ps 103:13** *See also* **Ps** 86:17; **Isa** 50:10; 64:8-9; **Lk** 18:6-7; **Jn** 16:27; 17:11,15; **Ro** 8:32; **2Co** 1:3

The sympathetic understanding of Jesus Christ Heb 2:18 *See also* Isa 40:11; 42:3; 53:5; Lk 4:18; Isa 61:1; Jn 14:27; 16:22; Ro 8:35-39; Heb 4:15; 7:25; 12:3

**The comfort of the Spirit Jn 14:16-17** *See also* **Lk** 11:13; **Ro** 5:5; 8:26; **Gal** 5:22-23; **Eph** 3:16; **1Pe** 4:14

The promises of God Ps 119:50; Ro 8:28; 2Co 12:9 See also Isa 41:10; 43:2-3; Mt 6:31-33; Ro 15:4; Php 4:7; 1Pe 5:10

### The encouragement of the fellowship of believers

**Examples from the past Heb 12:1** *See also* **Ps** 102:17-18; **Jer** 20:11; **Php** 4:11; **Heb** 11:25-26; **Jas** 5:10-11

Support from other believers 1Th 5:11 *See also* Ru 2:13; Job 42:11; Ac 28:15; Ro 16:4; 2Co 7:6-7; Php 4:14; Col 4:11; 1Th 2:11-12; 4:18; 2Ti 4:9,11; Phm 13; Heb 10:25

#### The encouragement of looking ahead

The assurance of victory Ro 8:37 See also Ro 16:20; 1Co 15:20,25,55-57; 1Th 4:16-17

The prospect of glory Ro 8:18 *See also* Job 19:25-26; Isa 65:17; 2Co 4:17-5:1; 2Th 1:6-7; 2Pe 3:13; Jude 24-25; Rev 7:16-17; 21:1-4

See also		
1035 God, faithfulness		
1190 glory		
2015 Christ, compassion		
2048 Christ, love of		

3130 Holy Spirit, Counsellor5596 victory5805 comfort5963 sympathy

6705 peace, experience 7921 fellowship 8414 encouragement 9310 resurrection

## 5567 suffering, emotional aspects of

Suffering gives rise to inner distress, on account of a sense of injustice, frustration, loss or anger. Christ himself provides an example of such suffering to believers.

### **Causes of emotional suffering**

A sense of injustice Ps 119:53 See also Job 19:7; Ps 82:2

Frustration Job 19:8 See also Job 23:8-9; 1Th 2:18

Loss Ge 27:34 See also Ru 1:20-21; Pr 5:11-14; La 1:12



Bereavement 2Sa 18:33 See also Ge 23:1-2; 37:34-35; 50:1-3; Ex 12:30; Dt 34:8; 2Sa 19:4; Mt 2:16-18; Jer 31:15; Jn 11:32-35

Childlessness Ge 30:1 See also 1Sa 1:4-8

Parting from loved ones Ac 20:38 See also 1Sa 20:41; 2Ki 2:12; SS 5:6-8

Spiritual loss Lk 13:28 See also Jdg 2:4; Mt 25:11

Great fear Ge 45:3 See also Ge 20:8; 32:7-8; Ex 20:18-19; 1Sa 17:24; 1Ki 19:3-4; Isa 21:2-4; Da 5:8-9; Lk 21:26

Guilt Mt 27:3-4 See also Ge 3:8; Jn 16:8; Ac 2:37; Heb 10:2,22

Emotional suffering in the Lord's work Jesus Christ's suffering Isa 53:3 See also Mt 26:38 pp Mk 14:34

The apostles' suffering 2Co 11:28-29 See also Ro 9:1-4; 1Co 15:31; 2Co 1:8-9; Gal 4:19

Expressions of emotional suffering

Sadness Ne 2:1-3; Ps 107:39; 116:3; Mt 26:22 pp Mk 14:19

#### Weeping and groaning Jer 9:1

Joseph wept as he saw his brothers again: Ge 42:24; 43:30; 45:1-2 2Sa 15:30 Covering the head and going barefoot were also signs of sorrow; Ezr 3:12-13; Ne 1:4; Ps 6:6-7; 32:3-4; 137:1; Isa 15:5; Jer 14:17; Mt 26:75 Peter wept bitterly after disowning Jesus Christ; Jn 11:35

Anger Jnh 4:1 See also Ex 32:19-20; 2Sa 6:8; Rev 16:10-11

Bitterness Ex 17:3; 1Sa 30:6; Job 3:1; 7:11; Jnh 4:3; Ro 3:14

God's response to the emotional suffering of believers He comforts them 2Co 1:3-4

He has delivered them through Jesus Christ Isa 53:4

Jesus Christ gives them rest Jn 14:1 See also Mt 11:28-30; Jn 14:27

There is no suffering in heaven Rev 21:4 See also Isa 35:10; Rev 7:17

The proper response of believers to emotional suffering Assessing the problem before God Ps 73:16-17; 119:78; Ro 8:28

Controlled emotion before God Jdg 20:23; Ps 22:1-2; 62:8; 74:1

Prayer Heb 5:7 See also Ge 18:22-25; 32:9-11; Nu 16:22; 2Sa 12:15-17; Ps 38:9; 77:1-9; Jnh 2:1; Mk 5:22-23; Jas 5:13



### Continuing to do what is right Job 1:20-22; Eph 4:1; Php 1:27

See also		
5056 rest	5831 depression	8602 prayer
5198 weeping	5879 humiliation	8754 fear
5795 bereavement	5945 self-pity	
5799 bitterness	6172 guilt	

### 5568 suffering, causes of

The ultimate cause of suffering is sin, which has brought violence, disease and death into the world. All suffering, however, is under the sovereign purpose of God, who is able to use it for his glory.

### The ultimate cause of suffering is sin

**Ge** 3:14-19 *It need not be the result of particular sins:* **Job** 1:1; **Jn** 9:1-3 **Job** 5:6-7; **Ro** 5:12-14

# Suffering as a result of human wickedness

Murder Ge 4:8 See also Ge 49:5-7; 1Sa 18:10-11

Injury Mt 26:67

Cruelty Ps 71:4 See also Jdg 1:7; Ps 54:3; Am 1:13; Mt 2:16-18; Lk 10:30

**Rioting 2Ki** 7:17; **Ac** 16:22

Warfare Jer 50:22 See also Ge 14:1-2,11-12; Ex 13:17; Jos 6:20-21; 10:22-26; Jdg 1:4-7; 1Ki 22:35; 2Ki 17:5-6; Zec 14:2; Lk 21:20-24; Rev 6:4

Injustice Eze 9:9 See also Ge 39:19-20; 1Ki 21:11-14; 2Ki 21:16; Ps 58:1-2; 64:6

**Oppression Ecc 4:1** See also **Ex** 1:11; **1Ki** 12:1-4,12-14; **Ps** 12:5; **Jas** 5:1-6

Adultery 2Sa 12:9; Mal 2:14

Theft Mt 6:19 See also Ge 31:19; Job 1:14-15,17; 24:2

Broken relationships Job 19:14-19; Ps 27:10; Pr 16:28; Ac 15:39

Hatred Ps 109:3 See also 2Sa 13:15; Tit 3:3

Jealousy Ge 37:4 See also Ge 4:4-5; 16:6; 21:8-10; 1Sa 18:8-9; Mt 27:18

Persecution Jn 15:20 See also Jer 38:6; Da 3:4-6; 6:7; Mt 5:10-12; 10:35-36; Rev 6:9-11



Suffering as a result of misfortune Accidents 2Sa 4:4; 2Ki 1:2; Lk 13:4

Sickness Ge 48:1 See also 2Ki 20:1; Job 2:7; Ps 42:10; Mt 8:6; Ac 28:8; Php 2:27; 2Ti 4:20; Jas 5:14

Hunger and want Ge 12:10; Job 30:3; Isa 5:13; Mt 25:42-43

Natural disasters 1Ki 22:48; Job 1:16,18-19; Isa 29:6; Joel 1:4; Zec 14:5; Mt 24:7; Ac 27:18-20

Suffering through old age and death Ageing 2Sa 19:34-35; Ps 71:9; Ecc 12:1

Bereavement Ge 23:1-2; Job 1:18-19; Lk 7:11-13; Jn 11:33-35; Jas 1:27

Suffering through anxiety Pr 12:25 See also Dt 28:65-67; Lk 21:26

**Suffering through foolishness Ps 107:17** *See also* **Jdg** 11:34-36; **Pr** 10:1; 11:15; 14:1; 23:29-30; **Lk** 15:17

**Suffering through Satanic activity The influence of Satan Ge 3:1** *See also* **Job** 1:12; 2:6-7; **Lk** 13:16; **1Jn** 5:19; **Rev** 2:10; 20:7-8

Demon-possession Mt 8:28; 12:22; 15:22

Suffering brought about by God himself All suffering comes within his will Jn 9:3; Eph 1:11

Some suffering is for his immediate glory Jn 21:19

Jesus Christ's suffering produces salvation Isa 53:10 See also Ac 2:23

Christian suffering produces good fruits Ro 5:3-4; 2Co 1:9; Heb 12:11; Jas 1:2,3

God's people must be disciplined Heb 12:7 See also Ex 32:35; 2Sa 12:13-14; Ps 119:67,71; Pr 3:11-12; Heb 12:8-11

The wicked must be punished Ro 6:23 See also Ge 6:5-7; Jn 5:14; 2Th 1:8; Rev 9:4; 20:15

Suffering accepted voluntarily By Jesus Christ 1Pe 2:21 See also Isa 53:3-5,10; Lk 9:22

By his people 2Co 12:15 See also 2Co 4:10-12; Php 3:10; Heb 11:35

For the good of others Jn 15:13 See also Ro 5:7; Phm 18

*See also* 1045 God, glory of

1130 God, sovereignty

4120 Satan



4822 famine 5297 disease 5346 injury 8230 discipline 8755 folly 8790 oppression

## 5569 suffering, hardship

Scripture provides examples of types of hardship which people may expect to encounter.

### Different kinds of hardship

Poverty Pr 10:15 See also Dt 15:11; Job 24:5-11; Mt 26:11 pp Mk 14:7; Jn 12:8

Hunger and thirst Ps 107:4-5 See also Ge 41:53-57; Ex 15:22-24; 16:2-3; 17:1-3; Nu 11:4-6; 1Ki 17:7-12; Ne 5:1-5; Mt 4:2 pp Lk 4:2

Hard labour Ge 3:17-19 See also Ge 31:38-42; 2Ch 10:3-4; Ecc 2:21-22; 1Th 2:9

**Oppression Job 35:9** See also **Ex** 1:11; 2:23; 5:8-9; **2Ki** 4:1; **Ps** 12:5; 31:9-13; **Ecc** 4:1; **Jer** 6:6; **Am** 3:9; **Jas** 5:4

Danger Ne 4:21-23 See also Ex 18:8; 1Ki 2:26; 1Ch 11:15-19; Ac 27:27-44

### Examples of those who suffered hardship

**Israel Dt 28:47-48** God's people suffered under his chastisement. See also **Dt** 8:15 their suffering in the wilderness; **Dt** 26:6-7 their suffering in Egypt

David was oppressed by his enemies Ps 132:1

Paul suffered in serving the Lord 2Co 6:4-5

# God's people must endure hardship

The example of Jesus Christ See also 2Co 8:9

**The suffering of believers Ac 14:21-22** *See also* **1Co** 4:11-13; **2Co** 1:8-9; 11:23-29; **Php** 4:11-14; **2Ti** 2:3; **Heb** 10:34; 11:37-38; 12:7; **Rev** 2:3

The need for faith, courage and endurance 2Co 1:9; Heb 3:6; 10:36; Jas 1:12; Rev 1:9; 14:12

God helps his people through hardship He provides for them Dt 8:16; 1Ki 17:2-9; 2Co 1:10; Php 1:19; 4:19

He comforts them with his love Ro 8:35-39; 2Co 1:3-4; Heb 13:5

He sets heaven before them Rev 7:16-17

See also 1085 God, love of 1330 God, the provider 5341 hunger

5446 poverty 5580 thirst 5628 work 5828 danger 8219 courage 8418 endurance



1

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<sup>&</sup>lt;sup>1</sup> Manser, M. H. (2009). *Dictionary of Bible Themes: The Accessible and Comprehensive Tool for Topical Studies*. Martin Manser.