



GrowN
Week 7: THE Path of GrowN – WHY PRAYER?
October 25, 2023

“Real prayer comes not from gritting our teeth but from falling in love.”
 Richard Foster

How did the communication/PRAYER work with the Disciples?

Jesus TOLD:

Matthew 4:4; Matthew 8:22; Matthew 11:4; Matthew 13:24; Matthew 13:57; Matthew 15:35; Matthew 17:20; Matthew 17:22; Matthew 19:21; Matthew 20:23; Matthew 21:21; Matthew 24:4; Matthew 26:19; Matthew 26:25; Matthew 26:31; Matthew 26:52; Mark 6:4; Mark 6:39; Mark 7:27; Mark 7:36; Mark 8:6; Mark 10:39; Mark 14:27; Luke 4:4; Luke 7:41; Luke 8:4; Luke 8:55; Luke 9:60; Luke 9:62; Luke 10:28; Luke 13:6; Luke 15:3; Luke 15:11; Luke 16:1; Luke 18:1; Luke 18:9; Luke 22:25; John 2:7; John 4:16; John 4:26; John 4:50; John 5:8; John 6:12; John 6:29; John 7:16; John 7:33; John 8:14; John 8:42; John 9:39; John 11:23; John 11:25; John 11:39; John 11:44; John 12:30; John 13:27; John 14: 6; John 20:29; John 21:15; John 21:19

SO, **How** does Christ establish relationship with us now:
PRAYER as RELATIONSHIP

- Invites us to BELIEVE: Revelation 3:20
- Progresses to FILLING us with His Spirit: John 14:16-18 (John 7:37, Isaiah 55:1)

Once the Spirit is free flowing, do we just await Spirit connection?

NO...it is Relationship...He Communicates with US...but HOW? **Luke 11:1** *“Lord, teach us to pray”*

“Prayer is not a freewill offering to God; it is an obligatory service, something which He requires.”
 Dietrich Bonhoeffer

Outlines to Practice (from Richard Foster's book Prayer: Finding the Heart's True Home)

.MOVING INWARD.

The SIMPLE prayer:

Bringing ordinary, human concerns to a loving and compassionate Father.
 Numbers 11:11-12(Moses); 2 Kings 2:24

- **Goal:** To “Lay before Him what is in us, not what ought to be in us.” C.S.Lewis

The prayer of the FORSAKEN:

Matthew 27:46; Psalm 42:9; Psalm 22:2

- **Goal:** Express The “Dark Night of the Soul”. Humanity.

The prayer of EXAMEN: Conscious. Accurate. Assessment.

Psalm 139:1 *O Lord, You have searched me and known me.*
 1 Chronicles 28:9; 1 Corinthians 2:10

- **Goal:** The gift of Self Knowledge. To see the MIGHTY in God.

The prayer of TEARS: (Penthos):

Acts 2:37 *Now when they heard this, they were cut to the heart, and said to Peter and the rest of the apostles, “Men and brethren, what shall we do?”*

Job 16:20; Jer. 9:1; Lamentations 2:18; Psalm 56:8; Psalm 126:5; Matthew 23:37; Luke 6:21; Acts 20:19;
 2 Cor. 2:4 Isaiah 16:9; Psalms 5:17, 6:6, Luke 7:36-50; Hebrews 5:7; 2 Cor. 7:7-1, 31;

- **Goal:** To Grieve WITH Him



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The prayer of RELINQUISHMENT:

John 12:24; Luke 22:39-36 Gethsemane

- **Goal:** Submission (I don't get it but I get YOU, LORD)

“None of us will keep up a life of prayer unless we are prepared to change.”

Richard Foster

The FORMATION prayer:

Philippians 2:12; 1 Timothy 4:7; 2 Timothy 3:1-5; Phil 3:12-14

- **Goal:** You are God. I am not.

The COVENANT prayer:

Psalm 57:7

- **Goal:** Do not give up.

.MOVING UPWARD.

The prayer of ADORATION:

For who He is. For what He has done for us.

Psalm 35:18; 1 Chronicles 16:4-36; Leviticus 7:12; Psalm 30:12

- **Goal:** Practice Daily. Our “go to” prayer. Journal this Worship.

The prayer of REST:

Allowing God to place us into the EYE of the storm: Matthew 11:29; Hebrew 4:9

- **Goal:** Recognizing what is happening in the storm around us does not define us nor our life. HE defines us. HE is the eye of the storm.

The SACRAMENTAL prayer:

Liturgy, Sacrament, Written Prayer vs. Intimacy, Informality, Spontaneous Prayer.

Luke 4:16...as was His custom. Luke 11:2-4 (The Lord's Prayer = the Paternoster)

- **Goal:** Experiencing the Community in shared prayer.

The UNCEASING prayer:

Is this possible? How? Spirit prays...Romans 8:26

Romans 12:12; Ephesians 6:18; Colossians 4:2; Philippians 4:6; Hebrews 13:15; Luke 18:13

1 Thessalonians 5:17 *pray without ceasing,*

- **Goal: PRACTICING HIS PRESCENCE**

Jesus' Model of Perpetual Communion: John 5:19; John 5:30; John 14:11; John 15:1-11

The prayer of the HEART:

Galatians 4:6 – Abba!

Luke 13:34; Psalm 103:13; Hosea 11:1-4; Isaiah 66:13; Luke 11:2

- **Goal:** Communicating with YOUR Father



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The MEDITATIVE prayer:

Assignment: Meditate on Luke 1. Chew on it. Personalize it. Imagine.

- **Goal:** Asking the LORD to teach you what is being said. Communicating with the LORD via scripture. ONE VERSE for an entire week. Asking Him to speak to you about that verse.

The CONTEMPLATIVE prayer: “Immerses us into the silence of God.” Richard Foster

Psalm 62:1 *Truly my soul silently waits for God; From Him comes my salvation.*

1 Chronicles 25:1; Psalm 33:20

- **Goal:** Removing distraction. Praying without words

.MOVING OUTWARD.

Praying the ORDINARY

1. Turn ordinary experiences of life into prayer.
2. Seeing God in the ordinary experiences.
3. Praying throughout the ordinary experiences of life.

Genesis 1:1, 31; 1 Corinthians 10:31

- **Goal:** Noticing God in the everydayness of our life. (Quadrant Living)

The PETITIONARY prayer:

Matthew 7:7-8, 9-11; James 4:3; John 16:24; John 15:4-7; Luke 18:1-8

- **Goal:** To ASK.

The INTECESSORY prayer:

“Intercessory prayer is the purifying bath into which the individual and the fellowship must enter every day.” Dietrich Bonhoeffer

1 Samuel 12:23; Exodus 17:8-12 the ie. of Moses; Romans 8:34; Hebrews 7:25; John 13 – 17; 1 Timothy 2:5

- **Goal:** To stand in the place of another via prayer.

The HEALING prayer:

Matthew 12:15; John 9:1-12; Mark 9:14-29; Hebrews 6:1-6; Mark 6:5; Mark 8:22-25; Acts 28:7-10; Mark 16:17-18

- **Goal:** Practicing Faith.
 1. We listen.
 2. We ask.
 3. We believe. **Mark 9:24**
 4. We give thanks.



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The prayer of SUFFERING:

Luke 23:34 – The Example of Jesus. Colossians 1:24; Philippians 3:10; Romans 8:18; Hebrews 12:2; 1 Peter 4:13; Isaiah 53:3; Hebrews 5:7; Romans 8:35-39; Revelation 5 & 19 → authority through suffering.

- **Goal:** Understanding....the Life of Christ and how ours is to be. (This is NOT Heaven).

The AUTHORITATIVE prayer:

Exodus 14:15-16; Mark 11:23; Mark 7:6; Mark 11:23; Mark 9:14-29; Luke 9:1-6; Luke 10:9; Luke 10:17; Luke 10:21; John 14:12; Matthew 16:18; Ephesians 6:13-18; Ephesians 2:6; Ephesians 6:10-20
Ephesians 1 = Christ's heavenly position of authority. Ephesians. 2 = Our heavenly position of authority.

Spiritual Warfare warning: 1 Peter 5:8; 1 John 4:4

- **Goal:** Calling forth the will of the Father upon the Earth...Thy will be done...

Christ's authority has been given to us as an inheritance.
WHAT are we to do with it?

The RADICAL prayer:

The word radical comes from the Latin word radix which means root.

Prayer that gets to the root, the center, the truth.

Amos 5:24. Genesis 18, Exodus 32, Esther 4. Malachi 1:11.

- **Goal:** Calling forth the revealed will of God (Scripture).

Isaiah 56:7

Even them I will bring to My holy mountain,
And make them joyful in My house of prayer.
Their burnt offerings and their sacrifices
Will be accepted on My altar;
For My house shall be called a house of prayer for all nations.